



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust



SCHOOL OF PUBLIC HEALTH
THE UNIVERSITY OF HONG KONG
香港大學公共衛生學院

Family 愛+人



Training Workshop (B)

Evaluating Community Programmes with RCT

Dec 4th, 2010

Health · Happiness · Harmony 家有康和樂 · 健康 · 和諧 · 快樂 3Hs – Health · Happiness · Harmony 家有康和樂 · 健康 · 和諧 · 快樂 3Hs – Health ·



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Workshop Faculty

Professor Sophia CHAN

Professor and Head, School of Nursing, The University of Hong Kong

Professor TH LAM

Sir Robert Kotewall Professor in Public Health, Director, School of Public Health, The University of Hong Kong

Dr Sharron LEUNG

Assistant Professor, School of Nursing, The University of Hong Kong

Dr William LI

Assistant Professor, School of Nursing, The University of Hong Kong

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Introduction (1)

- Hong Kong's social service sector is increasingly following the principles of evidence-based interventions.
- Programmes developed overseas have been adapted, and in some cases, agencies have developed their own local programmes.
- Do these programmes work, and if so, how can the effect size be quantified?

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Introduction (2)

- This half-day workshop will present the fundamentals of developing an evidence-base for your clinical / community interventions.
- The workshop will cover the rationale for RCT, and designing and implementing intervention trials.

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Objectives (1)

By the end of this workshop, participants should be able to:

- Use your needs assessment, programme goals and objectives to help select a programme
- Recognize the importance of evidence-based programmes
- Discuss the advantages and difficulties of conducting a randomized controlled trial

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Objectives (2)

- Discuss how to take an evidence-based approach in a clinical / community setting
- Discuss the differences between treatment and prevention programmes and their relative advantages
- Develop a conceptual model for your desired programme
- Design a test of your programme, to test its effectiveness in a community

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Programme

Time	Content	Speakers
14:00-14:15	Introduction	Professor Sophia CHAN
14:15-15:00	RCT Methodology	Professor TH LAM
15:00-15:15	“Share the Care, Share the Joy” Project	Dr Sharron LEUNG
15:15-15:30	“Happy Transition to Primary One” Project	Dr William Li
15:30-15:45	Tea Break	
15:45-16:15	Group Exercise & Discussion	Professor Sophia CHAN Professor TH LAM Dr Sharron LEUNG Dr. William Li
16:45-17:00	Conclusion	

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Group Discussion

Group A (Seminar Room 6)

– Parent and Child Intervention

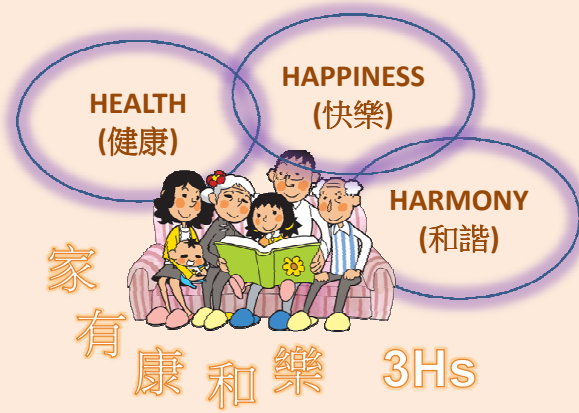
Group B (Seminar Room 6)

– Inter-generation and Maternal Care

Group C (Seminar Room 5)

– Health Promotion

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